



**NAMIBIA UNIVERSITY
OF SCIENCE AND TECHNOLOGY**

FACULTY OF COMMERCE, HUMAN SCIENCE AND EDUCATION

DEPARTMENT OF TECHNICAL VOCATIONAL EDUCATION AND TRAINING

QUALIFICATION: DIPLOMA IN TECHNICAL AND VOCATIONAL EDUCATION AND TRAINING : TRAINER	
QUALIFICATION CODE: 06DTVT	LEVEL: 6
COURSE CODE: CCG620S	COURSE NAME: COUNSELLING AND CAREER GUIDANCE
SESSION: NOVEMBER 2022	PAPER: (PAPER 2)
DURATION: 3 HOURS	MARKS: 100

SUPPLEMENTARY EXAMINATION QUESTION PAPER	
EXAMINER(S)	Ms I DE WALDT MS K JUNIAS MS A MCNALLY
MODERATOR:	MRS DU PREEZ

INSTRUCTIONS	
1.	Answer ALL the questions in Sections A and B
2.	Choose and answer two questions in Section C
3.	Read all the questions carefully before answering.
4.	Number the answers clearly.

THIS QUESTION PAPER CONSISTS OF 7 PAGES (Including this front page)

SECTION A

QUESTION 1

Answer the following Multiple-Choice Questions.

(10 marks)

1.1 refers to advice or information provided by a person of experience to solve or improve something.

- a) Guidance
- b) Counselling
- c) Reprimanding
- d) Assistance

1.2 Professional help given to people with problems is referred to as

- a) Advice
- b) Counselling
- c) Guidance
- d) Training

1.3 Guidance refers to

- a) Professional advice provided by a Counsellor in overcoming personal problems
- b) Advice given by an elder to resolve a problem
- c) Guiding a person to have only one option
- d) Refer a person for assistance to someone else

1.4 When is client confidentiality justified to be broken by a counsellor?

- a) In disclosure of risk to self or third party
- b) Under no circumstances
- c) When the client tells the counsellor it is ok to tell someone else
- d) When the counsellor has a really interesting story to share

1.5 Which one of the following is not an essential feature of counselling?

- a) Counselling suggests alternative methods for the client
- b) Counselling explores the situation of the client
- c) Counselling only focus on one area of the client
- d) Counselling only guiding the person

1.6 Probing or questioning from a Counsellor enables what?

- a) To help student move forward in a helping process.
- b) Investigate other parts of the story
- c) Counsellor can be with the person physically or psychologically
- d) Stop the person and let him think again on how to respond

1.7 Non-directive counselling is mostly meant for

- a) Analysis of client data
- b) Emotional release
- c) Case studies
- d) Placement

1.8 Which of the following word indicate the principles of career guidance?

- a) Awareness, gaining skills, problem solving and judging
- b) Gaining skills, problem solving, micro-managing and integrating
- c) Solving problems, gaining skills, awareness and integrating
- d) Intergrading, persuading, problem solving and gaining skills

1.9 Incounselling, the counsellor is neither active as in the direct counselling nor too passive as in the non-direct counselling.

- a) Elective counselling
- b) Non-directive
- c) Directive
- d) Holistic counselling

1.10 Which of the following is not true of career counselling?

- a) It is a two-way interaction
- b) It involves building a trust relationship
- c) It is only for the unemployed
- d) It includes past experiences

QUESTION 2

(5 marks)

Read the following statements and indicate **true** if you agree with the statement and **false** if you do not agree.

- 2.1 An elementary school counsellor and a TVET practitioner in the workplace training people will use the same techniques when counselling student or trainees.
- 2.2 Counsellors evaluate client needs and create a customized treatment plan.
- 2.3 Paraphrasing is when the counsellor stops the client in the middle of his/her sentence to correct them.
- 2.4 Empathy and sympathy are the same concepts in counselling.
- 2.5 Negative perceptions about TVET is part of the educational challenges that TVET practitioner are facing.

SECTION B

QUESTION 3

(5 marks)

Read through the case study below and answer the questions after you have familiarised yourself with the background.

One day in September, Heinrich comes into the workshop with his hat and headphones on and he immediately put his head down on his desk. Mr Zakaria goes over and taps him gently on the shoulder and telling him firmly to remove his hat and sit up. Heinrich becomes upset, cursing and throwing his books on the floor, creating a huge disruption in the classroom. He then storms out of the classroom. Mr Sakaria reported Heinrich's behaviour to the Head of Training Ms Puyee. Mr Sakaria and Ms Puyee agreed to suspend Heinrich for two weeks. please use

- 3.1 Critique the strategy employed by Mr Sakaria and Ms Puyee to correct Heinrich's behaviour. (3 marks)
- 3.2 If you were Mr Sakaria, what would you do to correct Heinrich's behaviour? (2 marks)

QUESTION 4

(20 marks)

Research has shown that knowledge about a person in the TVET field is crucial to make an informed career choice. Against this background, discuss the role of the TVET practitioner and the importance of being aware of the person needs under the specific headings below:

- 4.1 Elaborate on 5 attributes that you think a TVET practitioner should possess in guiding someone who would like to pursue a career in the vocational field? (10 marks)

4.2 Which counselling tool is illustrated in the example below?

(2 marks)

Example:

Client: She never keeps promises and always disappoints me!

Counsellor: It sounds like you feel your mom let you down by not keeping her word.

4.3 Discuss the importance of academic awareness in the process of assisting the person to make a career choice. (8 marks)

QUESTION 5

(10 marks)

The Holistic Service model explains how the fields of counselling and career counselling and guidance have interlinking aspects which influences career issues and choices.

5.1 Discuss your understanding of the Holistic model and provide examples of the three different levels of the Holistic service model.

SECTION C

CHOOSE AND ANSWER ANY TWO OF THE FOLLOWING QUESTIONS

QUESTION 6

(25 marks)

Mr Heita is a newly appointed lecturer for Vocational training at the Eenhana campus of NUST. He is diagnosed with leukaemia and is concerned about leaving his thirty (30) students although most of them seems content to take a referral to another counsellor. There is however one student (John) whom he is most concerned with at present and is reluctant to break the news to. John is a recent reformed drug addict, and this habit influenced his academic performance, but he is doing much better now. Mr Heita is concerned that the news might make things worse because they only had two sessions so far. Besides that, the student is very young, only 17 years and does not get a lot of support from his family. Mr Heita is worried that John will feel being "deserted once again". Furthermore, he also worried that John might slip back into his drug habits and might not turn up for lectures and fail this year.

6.1 How would you handle this situation, if you were in Mr Heita's shoes? (5 marks)

6.2 Would you refer this case/student? If yes, elaborate step by step how you will do the referral process to ensure that the trainee is safe before you are leaving.

(10x2=20)

QUESTION 7

(25 marks)

7.1 Discuss the applicability of the psychodynamic approach to counselling and guidance?

QUESTION 8

(25 marks)

8.1 Analyse the basic principles of the rational emotive approach, citing its implications to school counselling?

QUESTION 9**(25 marks)**

Petroline Joseph applied for the Career Guidance and Counselling degree course with the aim becoming an independent counsellor. Her friend Nicolene was already enrolled for the course and told her that it would be good for her. Nicolene dropped out because she became pregnant. At the time, Petroline was baking with her father making a small income to help support herself and her two sons and paid her studies with the money she earned from her father. She stopped working at the bakery and managed to start a small counselling business in her location for young girls after she graduated from the University of Namibia with a degree in Counselling under very difficult circumstances. She shared with her friend Nicolene she was struggling financially and emotionally at home, having constant verbal confrontations with her mother who is divorced from the father and is not working. Her mother demands her to buy alcohol from the income that she receives from her small counselling business. She is scared that she will not be able to keep her counselling business/practise because the clients who came for counselling are complaining about the environment where she conducts the counselling which is not very safe for them. Furthermore, she missed appointments a lot of times because her mom that needs to look after the children is mostly intoxicated. She then has to take her children to her aunt who stays very far from them before she can report at her counselling practice.

- 9.1 What would you advise if you were her friend Nicolene to lend a shoulder to Petroline? (5x2= 10 marks)
- 9.2 Discuss why Petrolane needs to evaluate her own practice and techniques according to the American Counselling Association (APA) which can be recommended for Petroline to evaluate her own practice while elaborating on areas where she can be assisted to evaluate her own business/practise to get on her feet again?

[15 marks]**[TOTAL:100]**